



A Message from the Presidents

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“Give thanks in all circumstances.”

1 Thessalonians 5:18

Dear Friends,

Thanksgiving is just around the corner, and so I've been thinking about gratitude a lot lately. What is it? When should we show it? What does God say about it? Paul wrote to the Thessalonians, “Give thanks in all circumstances.” Most read that verse and think, ok that's a good idea! I find that hard when things get tough. What about you?

Notice the Bible doesn't command us to *feel thankful in all circumstances*. Instead it commands us to “*give thanks in all circumstances*.” When we begin to praise God in a difficult situation, even when we don't feel like it, we begin to see glimpses of His glory sprinkled on the difficult situation. Gratitude changes the lens through which we see the circumstances of our life. Thanksgiving changes our perspective despite broken dreams, broken relationships, and unfulfilled longings.

As you praise God for who He is and thank Him for what He's done, your perspective of Him grows larger and your problems grow smaller. As a result, you will experience a deeper sense of intimacy with God as the emotional gap between what you know to be true and how you feel at the moment closes.

On many occasions in the Psalms, David complained about his circumstances. But more often than not, about midway through David's laments, he begins praising God for who He is and thanking God for what He's done. And you know what happens? All of a sudden David starts feeling better! Life isn't so bad after all! His problems grow smaller as his perspective of God grows larger, and he begins to see God's glory shining through the situation.

Why do you think so? In the writing of one little Psalm, David shifted from depression to rejoicing. He didn't wait until God changed his situation, solved his problem, or made him feel better before he began thanking Him.

Left over Halloween Candy?

The UWF will collect left over Halloween candy to be used in stocking stuffer bags given to children with their presents from Gifts from the Heart in



December. **Look for the marked bin in Fellowship Hall on November 3 and 10**, or contact Kristine Kahl Kristine.f.guevara@sbcglobal.net.

Oh friends, when we stop complaining and grumbling and begin speaking God's love language of gratitude, our perspective will change as well! We will begin seeing moments of sudden glory through the lens of praise and thanksgiving—glory moments that were there all along, but hidden from the grumbling eye. Remember that as we start this busy holiday season and we begin to run out of patience!! Give thanks in all things dear friends!

Your Sister in Christ,

Ginny Kindberg

Excerpts taken from: *Gratitude Changes Everything* by Sharon Jaynes

Delicious Pies for Sale!

Craving a slice of perfection? Support a UWF Missions and enjoy a delicious pie! We're selling Pie Peddler's freshly baked pies in October and November, just in time for Thanksgiving.

- **Price:** \$20 each
- **Varieties available:** Apple, Dutch Apple, Cherry, Blueberry, Chocolate, Lemon, Coconut, and Pecan
- **Ordering Days:** Sundays October 20 to November 3 at our Pie Table in Fellowship Hall
- ☎ **Call/Text:** Jenny Motley (513-658-0982) with questions or to order
- **Pick up Date:** November 10 in the Fellowship Hall

Treat yourself and share with friends and family!



The next UWF Board meeting is on Monday November 4 (10-noon) on Zoom! All are welcome to attend. If you have any questions, or need the Zoom link, please contact Ginny Kindberg (513-225-5123).

This month's meetings

Last Month's Activities



The 3rd Tuesday Hannah Group met in October.

SMALL GROUP MEETINGS FOR NOVEMBER

Everyone is welcome at any of our monthly gatherings. Contact the leader to be sure you have all the details.

First MONDAY or TUESDAY: Susanna Wesley Women in Mission Leader: Mary Jane Sper (513-476-7250/ mjsper@gmail.com)

Tuesday, November 5 (6:00 pm): Visit the NEEDS food pantry (8341 Kenwood Rd, Cincinnati, 45236). Connie Johnson will give a tour of the pantry. After the tour an optional dinner is available at Ferrari's in Madeira (7677 Golf Terrace, Madeira, 45243).

Bring a donation for the pantry ... laundry detergent is urgently needed right now. Also, women's hygiene products are also needed.

TUESDAY: 3rd Tuesday Morning Hannah Group
Leaders: Euphazine Reid-Kendall (678-857-8362)

Tuesday, November 19 (10:00 am-12:00 noon): The group will meet in the kitchen at church. They will prepare dinner for the Wesley Foundation at the University of Cincinnati, the campus ministry of the United Methodist Church. Come and help us spread God's love to our future church.

TUESDAY: Esther Laird Friendship Group (3rd Tuesday of each month—1:00 pm) Leaders: Britt Raymond (brittie.raymond@gmail.com/513-375-4403) and Leah Hondorf (lhondorf@yahoo.com/ 513-304-5224)

Tuesday, November 19 (1:00 pm): The group welcomes all ladies for a time of prayer, devotion, and communion. Join the group in November as Jennifer Brown leads a discussion on the book, *The Gift of Years: Growing Older Gracefully*.

UWF Bible Study (1st & 3rd Wednesdays—7:00 pm) on Zoom Contact person: Jennifer Ehlers (mehlers4@aol.com)

Wednesday, November 6 and 20 (7:00 pm): The UWF Bible Study group is currently studying the book *James: What You Do Matters* by Margaret Feinberg. All are invited to join! Contact Jennifer Ehlers if you are interested in joining the group and to receive the Zoom link.

ADVENT STUDY: Light from Afar: An Advent Devotional from Around the World. No "homework." No videos. Just reading and sharing. Meets November 20, December 4, December 18, and January 8. (The group usually meets the first and third Wednesdays, but because of New Year's Day, they will meet the second and fourth for January.)



Susanna Wesley Women in Mission made four birthday boxes for Bethany House Shelter at their October meeting.



The Moms & Kids group made up snack bags for Wesley Chapel Mission Center on UWF Sunday in October.

NOTE: Upload photos of your small group gatherings to the UWF google drive for the UWF newsletter and email photos directly to Emily Stapleton (emily.stapleton@cos-umc.org) for posting on COS Facebook.

WEDNESDAY: Lydia Needlecrafters (1st and 3rd Wednesdays of the month) 5:30 pm in the church parlor
Leader: Donna Steinmetz (513-563-7144)

Wednesday, November 6 and 20 (5:30 pm): Handmade prayer shawls are provided to anyone in need of God's blessings as they go through difficult times (illness, surgery, or suffering one of life's many complicated situations). Baby blankets and hats are knitted for new babies. Prayer Squares are available to be distributed to groups of people. Any of these items can be obtained from any Lydia member, call Donna Steinmetz, or Dorothy Stadelmann in the church office (513-791-3142).

SATURDAY: Mom & Kids Small Group
Leader: Kristine Kahl (Kristine.f.guevara@sbcglobal.net)

No meeting in November.

UNITED WOMEN IN FAITH CHRISTMAS CELEBRATION DINNER

*United in the Spirit,
Bound Together in Peace*

This Christmas season, let us gather to celebrate the gift of peace, with delicious food, meaningful conversation, and moments of reflection on the ways we have served together in unity.

Cincy Noteables, a ladies quartet, will entertain.

December 16, 2024 (5:30-8:30 pm)

Manor House (7440 Mason-Montgomery Road)

**\$34 per person for 3 courses
and choice of entrée**

Please bring a Christmas card with \$2 for our Cooper's Trace ministry.
Childcare is available upon request.

RSVP by November 29 at <https://tinyurl.com/42k93nf4>
contact Karen VanWagenen (513-325-2949)

Church of the SAVIOUR
UNITED METHODIST

United
Women
in Faith

Gifts from the Heart's 31th Anniversary Christmas Season!

Our goal is to provide over 500 Christmas gifts to children in need. Children at Wesley Education Center, York Street UMC, New Vision UMC, State Avenue UMC, Wesley Chapel Mission Center, Mt. Washington UMC (our newest partner this year!), and our local community will benefit from this mission. There are many ways you can help and we need volunteers to make Gifts from the Heart 2024 a big success! **VOLUNTEER at the link BELOW:**

[Sign Up Genius - Gifts from the Heart 2024](#)

Look for the Angel Trees starting November 17 in the Fellowship Hall. Select an angel ornament, purchase a gift for the child identified on the tag, wrap, and return the gift(s) by **NOON on Sunday December 8.**

Other opportunities to give include giving a monetary donation, volunteering to be a Christmas shopper, or donating a Kroger gift card or new backpack.

Join UWF and the Youth Group on the evening of December 8, after Vesper Service, to sort and prepare gifts for delivery. This is always an exciting and enjoyable event!

Let's SHINE the light of Christ with local families this Christmas season!

Questions? Contact Jen Woeste (jenmiL4@yahoo.com)

Gifts from the Heart

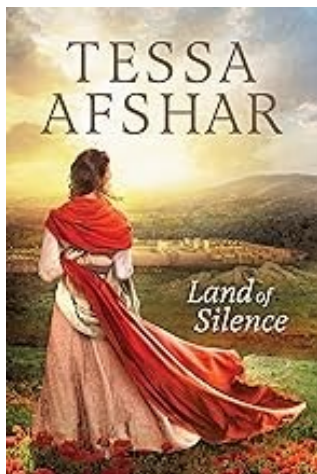


United Women in Faith Holds Its Spiritual Growth Fall Book Discussion ...

BOOK GROUP DISCUSSION: Thursday, November 14 (7:00 pm) in the church Parlor. Consider reading the following book this fall and join us for a UWF discussion. All are welcome!

Land of Silence by Tessa Afshar
Afshar
2017 INSPY Award winner, general fiction category

CONTACT Mary Jane Sper
(mjsper@gmail.com/513-476-7250) to save your space in this book discussion or if you have questions.



The Children's Closet

The Children's Closet is supporting Wesley Chapel Mission Center in NOVEMBER

The Children's Closet is collecting small gift items that children served by the Wesley Chapel Mission Center can give as Christmas presents to their family members. WCMC is a UMC ministry that provides afterschool programs for children and youth, preK-12, and their families.

Each holiday season, Church of the Saviour partners with WCMC to create a Christmas Shop where kids can pick out gifts to give to their family members. Help make a child's Christmas season special this year by donating new or gently used jewelry, home goods, scarves, gloves, clothing, games, toys, books, and more. Questions can be directed to Regan Murray Mitchell, Children's Closet Coordinator (reganmurray@hotmail.com).



Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

Philippians 4:6

Dates to Remember

2024

November 3, 10	Thanksgiving Pie Sale Fundraiser
November 17, 24, December 1, 8	Gifts from the Heart
December 14	Christmas Bake Sale Fundraiser
December 16	UWF Christmas Celebration

2025

February 9, 16, 23	Project 5000
May 18	Spring Luncheon

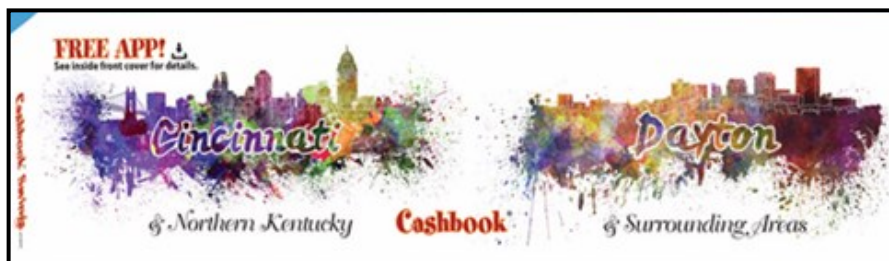
Cashbook Coupon books with digital APP are available!

The United Women in Faith (UWF) are selling Cashbook Coupons for \$20 each. The profits are donated to charities that support women and children locally.

The books are great gifts and stocking stuffers for friends, teachers, and family. Popular restaurants like IHOP, Buffalo Wild Wings, Slatts, Honey Baked Ham, Marco Pizza, Taziki's and over 200 more places are included. Entertainment venues like Scene 75, Mariemont Theater, Dave & Busters, Entertainment Junction are included and more.

Don't want to be bothered with a paper coupon book, *a digital book is available*. Just download with the unique book code from your purchase. Easy!! Coupons valid through 2025.

Books can be purchased at the Silent Auction on October 20 and can be purchased at church on Sunday or at any other time directly from Charlotte Locke (513-891-4611 or lralph1010@aol.com).



“Reading Rainbow” Program at Wesley Chapel Mission Center

Wesley Chapel Mission Center (WCMC—76 East McMiken Avenue, Cincinnati, OH 45202) is one of the two Church of the Saviour mission partners selected in 2018 by the Servant Leadership Board.

History Highlights of WCMC—

WCMC is an extension of the United Methodist Church created from the assets, resources, efforts, dreams, and love of the members of the former Wesley Chapel UMC. In 2003, the Center was established as a non-profit 501©(3) to provide an after-school program for the children in the neighborhood. The Center lives out the legacy of the church, which was a servant church started in Cincinnati in 1802. It continues the practice of loving Jesus and serving others in the Over the Rhine (OTR) community of Cincinnati. Their mission is to show God’s love to children and families in OTR so they can thrive in mind, body, and soul. The mission is to reflect Jesus. Put children first. Engage fully. You can learn more about the center on their website at wcmcotr.org.



Reading Rainbow Program— The idea for this reading program stems from the great need the children have in all academic areas. On Monday volunteers will go together via carpool from the Church of the Saviour parking lot or on your own, for a 3:00-5:00 pm program period. It is possible to attend weekly or as your schedule permits. We will work with the children in grades 3-6 and concentrate on reading skills. Library books are available at the Center. We’ll also help with homework.

Volunteer— If you are interested, contact Pam Senefeld (maxmuir1@aol.com or 513-314-5042). We are so blessed to be able to read and it is time to pass on this blessing to those less fortunate. Please consider volunteering as we become the hands and feet of Christ.

“We are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.”
Ephesians 2:10 (NIV)

United Women in Faith ... Social Justice

from Pam Senefeld, Social Justice Coordinator

In the United Methodist charter for racial justice, it calls for United Methodists to help “facilitate nomination and election processes that include all racial groups by employing a system that prioritizes leadership opportunities of people from communities that are disproportionately impacted by the ongoing legacy of racial injustice, and use measures to align our vision for racial justice with actions that accelerate racial equality.” You can find the entire charter for racial justice on the United Women in Faith website uwfaith.org under the serve and advocate tab.

Did you know that you can check your voter registration, find a polling place, find out what’s on the ballot, learn about the candidates, and register to vote by going to vote411.org? This is a great resource made available by the league of women voters who are a non-partisan group. Check it out.

Contact Pam Senefeld (513-314-5042) if you want to learn more about helping with election education and volunteering to register people to vote.



ANOTHER WAY TO SUPPORT OUR United Women in Faith MISSION

Kroger Community Rewards Program

Organizer: Melody Overton (signof4@msn.com or 513-446-5651)

United Women in Faith benefits from money it receives from Kroger when registered Church of the Saviour members shop at Kroger. It uses this money to help charities serving women and children.

The UWF appreciate the families and individuals currently involved in the program. By joining the program, you can help improve the lives of the vulnerable populations served by these charities. To join, go to: <https://www.kroger.com/i/community/community-rewards>

When you reach the prompt to enter the organization you wish to benefit, enter XL812.

